

第一部分 听力(共两节,满分 30 分)

第一节(共 5 小题;每小题 1.5 分,满分 7.5 分)

听下面 5 段对话。每段对话后有一个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后,你都有 10 秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。

()1. Whose birthday is it today?
A. Mike's. B. Richard's. C. Susan's.

()2. What does the man want to be?
A. A cook. B. A teacher. C. A gardener.

()3. What are the speakers mainly talking about?
A. Their friend Jane. B. A weekend trip.
C. A radio programme.

()4. Why is Emma tired?
A. She has just finished a report.
B. She climbed a mountain.
C. She did a lot of housework.

()5. How does the man always feel?
A. Full. B. Hungry. C. Energetic.

第二节(共 15 小题;每小题 1.5 分,满分 22.5 分)

听下面 5 段对话或独白。每段对话或独白后有几个小题,从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前,你将有时间阅读各个小题,每小题 5 秒钟;听完后,各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料,回答第 6、7 题。

()6. What does the woman suggest buying first?
A. Flowers. B. A scarf. C. Chocolates.

()7. Where will the speakers probably go next?
A. To a garden. B. To a shop.
C. To the teacher's office.

听第 7 段材料,回答第 8 至 10 题。

()8. Who is Jane probably talking to?
A. A schoolmate. B. A teacher. C. A close friend.

()9. Which course does Jane like now?
A. History of art. B. Ancient Indian history.
C. History and politics in Latin America.

()10. What is Jane likely to do this weekend?
A. Go to a party. B. Work on a paper.
C. Have a meal with the man.

听第 8 段材料,回答第 11 至 13 题。

()11. Why is Angela Zhang in the news?
A. She won a contest.
B. She gave away \$ 100,000.
C. She reads 300 books a year.

()12. How old is Nithin Tumma?
A. 13. B. 18. C. 19.

()13. Where is Neveah Mosher from?
A. California. B. Michigan. C. New York.

听第 9 段材料,回答第 14 至 17 题。

()14. What is the possible relationship between the speakers?
A. Teacher and student. B. Classmates.
C. Colleagues.

()15. Where does the conversation probably take place?
A. In the classroom. B. Over the phone.
C. At the woman's home.

()16. Why does Tom feel stressed out?
A. He can't speak English well.
B. He has known the exam result.
C. He didn't do well in the English exam.

()17. What is the woman's suggestion?
A. Correcting the mistakes now.
B. Paying more attention next time.
C. Communicating with parents.

听第 10 段材料,回答第 18 至 20 题。

()18. What is the purpose of the museum?
A. To show more computers.
B. To help school children.
C. To develop the industry.

()19. Why does the company invite the listeners?
A. To sell them computers.
B. To get some advice.
C. To introduce the history of the company.

()20. When will the speaker come back?
A. In half an hour. B. In an hour.
C. In more than an hour.

第二部分 阅读(共两节,满分 50 分)

第一节(共 15 小题;每小题 2.5 分,满分 37.5 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

A [2025·山东省名校考试联盟高一期中]

Gap Year Volunteer Abroad Programme

Ready to break free from the ordinary and start an exciting journey of change? Your gap year is your chance to discover what you're truly capable of, and Projects Abroad is here to help you make it unforgettable.

You'll gain real-world experience and support communities in need at the same time. It's an exciting and different way to start the next chapter of your life after high school. If you are looking to do something this autumn or winter, we recommend our Gap Projects:

Gap Project 1: Peru & the Galapagos (8 weeks)
Gap Project 2: Kenya & Tanzania (6 weeks)
Gap Project 3: Nepal & Cambodia (10 weeks)

On a gap year programme abroad after high school, the experience can be designed to benefit your exact interests and goals. You can explore a career you're interested in, like medicine or law, and add relevant work experience to your resume (简历). We have options for students who've put off their university acceptance, and for those who don't feel they're ready for further education just yet.

There's a lot you can get involved in by volunteering abroad on your gap year. You can protect endangered ecosystems and wild animals on a Conservation Project. Or, give children the educational support they desperately need on a Childcare Project. If you're eager to be more independent, we recommend joining Flexi Trips to personalize your gap year programme.

All of our programmes focus on providing long-term, sustainable solutions. We don't believe in quick fixes. So no matter how short or long your gap year abroad is, you'll be part of ongoing efforts to make a real difference.

()21. What can the programme help the volunteers to do?
A. Take a break from busy school life.
B. Get prepared for university admissions.
C. Pay a visit to different foreign countries.
D. Enrich experience and help communities.

- () **22.** Which can best meet one’s personal needs?
- A. Flexi Trips. B. Childcare Project.
- C. Gap Project to Peru. D. Conservation Project.
- () **23.** Who would be interested in the programme?
- A. A job hunter. B. An office worker.
- C. A college teacher. D. A high school graduate.

B [2025·浙江省杭州市学军中学高一期中]

At St. Francis High School in La Cañada, Calif., there’s something to be said about maths teacher Jim Connor.

Truth is, Connor can be a bit of a drudge. But the 70-year-old Vietnam vet says he’s not here to entertain his students. “It drives me crazy when people say school should be fun,” he says. “I mean, it’s nice if it could be, but you can’t make school fun.”

And for years, the kids thought that’s all there was to him—until last November, when senior Pat McGoldrick learned they didn’t know the half of him.

Pat was in charge of a student blood drive and had just come to Children’s Hospital Los Angeles for a meeting. And he says it was weird: whenever he told someone he went to St. Francis High School, they all said, “Oh, you must know Jim Connor. Isn’t he wonderful?”

“It was disbelief, really,” Pat says. “It was almost kind of finding this alter ego (另一面) that he has.” Inside the blood donor centre, Pat found a plaque listing all the top blood donors at the hospital, including the record holder, Jim Connor. Then he learned something even more unbelievable: whenever Connor isn’t torturing kids with calculus (微积分), he’s on a whole other tangent—cuddling sick babies. Three days a week for the past 20 years, Jim has volunteered at the hospital, stepping in and becoming involved in an activity when parents can’t, to hold, feed and comfort their children.

“They tend to calm for him,” Nurse Erin says. “They tend to relax with him. They fall asleep with him.”

“I just like them and relate to them somehow,” Connor says.

Connor has never been married; he has no kids of his own. But he has fallen hard for these babies.

“I’ve always respected him, but now it’s to an even different degree—really to the point where I try to emulate him,” Pat says. “He’s the epitome of a man of service.”

- () **24.** What do we learn from Paragraph 2?
- A. School can never be fun.
- B. Connor is highly demanding.
- C. Connor’s students drive him crazy.
- D. Connor thinks education is for all.
- () **25.** What did Pat find out about Mr Connor?
- A. Mr Connor donated blood as well as his time.
- B. Mr Connor was awarded for his love towards babies.
- C. Mr Connor used to be a very strict teacher.
- D. Mr Connor had a unique teaching philosophy.
- () **26.** Which of the following is true about Mr Connor?
- A. He works two shifts every day for a living.
- B. He has his alter ego in the eyes of his students all the time.
- C. He has the ability to connect with those kids he holds.
- D. He falls hard for those sick kids so he decides not to have his own.
- () **27.** What is the best title for the text?
- A. Bonding with babies in need of love
- B. A real lesson is life through learning calculus
- C. Everybody keeps something under his hat
- D. Tough teacher has a soft heart

C [2025·湖北省武汉中学高一月考]

Today, many people spend a lot of time reading online. Whether reading news or e-books, people are spending more time eyeballing (盯住) screens. While online reading opens up a great deal of knowledge to people, there are some disadvantages too, such as eyestrain, headaches, as well as difficulty in focusing on the text. Now a new reading system, Bionic Reading, developed by Swiss typographic designer Renato Casutt, can help people overcome these issues, and most importantly, it aims to help people read faster online and develop a more in-depth understanding of written content.

The reading system improve the reading process by guiding the eyes through text with artificial fixation points. To make it short: some parts of the words are displayed in bold (粗体). As a result, the reader only focuses on the highlighted letters and lets the brain centre complete the rest. Your brain can “read” faster than your eyes, so by essentially reducing the number of letters your eye needs to look at, you can read faster while still preserving the full context.

Casutt discovered the system by accident. He was working on designing a book in a foreign language and realized he could read it if he sectioned it off. He worked for six years to develop Bionic Reading and is still working to adjust it.

A preliminary (初步的) study was conducted by the Swiss Institute InnoSuisse, but more research is needed before it can be definitively shown that the system improves reading. Some people with ADHD (多动症) prove that Bionic Reading helped them focus and comprehend what they are reading. Other people don’t seem to notice a big difference compared to regular text. There’s also no evidence to suggest Bionic Reading is any better than regular text. The best way to know if the Bionic Reader helps you read better online is to try it yourself.

- () **28.** What is the main purpose of Bionic Reading?
- A. To point out people’s reading problems.
- B. To teach people necessary reading skills.
- C. To reduce readers’ screen time and eye stress.
- D. To improve people’s reading speed and comprehension.
- () **29.** What does the underlined phrase “artificial fixation points” in Paragraph 2 refer to?
- A. Words displayed in capital letters.
- B. Useful expressions.
- C. Difficult sentences in the text.
- D. Bold letters.
- () **30.** What do some people with ADHD think of the system according to the text?
- A. It is complex.
- B. It can be beneficial.
- C. It needs to be improved.
- D. It has little effect on them.
- () **31.** What is the text mainly about?
- A. A reading project for ADHD.
- B. Research on language learning.
- C. A system to help with online reading.
- D. A tool for treating reading disability.

D [2025·辽宁省名校联盟高一期中]

Poppins is a new Netflix-like streaming service designed to support children with autism (自闭症). Autism influences the development of the brain and leads to various challenges in social

communication, as well as people’s behaviour and interests. “Many autistic children are visual (视觉的) learners, meaning they get information better through visual information. Therefore, we’ve made special TV shows and videos,” said Gilad Piker, the founder of Poppins. With the use of visual technology, Poppins mixes special programmes with special users’ experiences.

“It all started with my nephew when he was 15,” explained Gilad Piker. “He began to suffer from autism at the age of 5.” Piker noticed the boy watched cartoons and simple kids’ movies for hours, but what excited him even more were the opening logos and rolling credits (滚动字幕) at the end of a show. “When he saw them, he would stand in front of the screen. Maybe he thought it was the most exciting film he’d ever seen!” Piker added.

Poppins’ specially designed TV shows and videos can offer chances for autistic children to learn social skills, such as turn-taking, sharing, and proper behaviour in various situations. Autistic children are likely to find comfort and relaxation during the watching experience. Some programmes also enable them to learn new words, sentences, and storytelling skills, supporting their language development and communication abilities.

Proper selection and parental guidance are important when parents add TV shows and videos to an autistic child’s daily schedule. Each child is unique and interest is the best teacher, so parents should think wisely and choose suitable programmes when determining the benefits of screen time.

“Through Poppins, autistic children can now watch educational and entertainment programmes that can meet their special needs and interests,” Piker said. “Seeing those children enjoy watching the programmes provided by Poppins is an amazing experience. It reminds me of the power of technology to change lives.”

() **32.** Why are Poppins’ special programmes carried out?

- A. To meet the learning needs of autistic children.
- B. To help autistic children learn new technologies.
- C. To recommend interesting TV programmes to the public.
- D. To teach children how to make friends.

() **33.** What did Gilad Piker realize from his nephew’s experience?

- A. Autistic children’s ability to stay focused.
- B. Autistic children’s interest in special visual information.
- C. The common behaviour problem of autistic children.
- D. The importance of spending quality time with autistic children.

() **34.** What is Paragraph 3 mainly about?

- A. The ideas for the design of Poppins.
- B. How Poppins’ programmes benefit autistic children’s growth.
- C. How educators can help improve children’s social skills.
- D. The ways to encourage autistic children to use Poppins.

() **35.** What are parents advised to do when choosing visual materials for children?

- A. Consider children’s preference and interest.
- B. Seek guidance from experts and teachers.
- C. Be familiar with children’s daily schedule.
- D. Think about the time spent on screens.

第二节 (共 5 小题; 每小题 2.5 分, 满分 12.5 分)

[2025 • 广东省广州市三校高一期中考联考]

阅读下面短文, 从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

As a high school student, you’re likely used to learning through reading textbooks. 36. _____ This lies at the heart of “experiential appreciation”, a philosophy that encourages you to engage directly with the world around you. It’s about learning from real-life experiences, and discovering a more profound and engaging way to learn.

To practise experiential appreciation, you can start by getting involved in hands-on activities related to your subjects. They will provide a first-hand understanding of the concepts you’re studying, making learning active and meaningful. So, try joining a sports team, picking up a paintbrush, or taking part in a local charity event. 37. _____

As you dive deeper, immerse yourself fully in the surroundings and activities. When you’re in nature, don’t just look around. 38. _____ Touching the leaves, feeling the wind and listening to the birds can enrich your learning and make each moment more memorable.

39. _____ After trying something new, ask yourself what you learned and how it made you feel. Write in a journal or discuss it with friends. This self-discovery turns experiences into life lessons and offers a deeper understanding of the world.

Experiential appreciation transforms learning from a task to be completed into a journey to be treasured. 40. _____ So, explore the world around you, let every experience shape you, and discover

the endless possibilities that await. This is the core of true learning, where every moment is a step towards a richer, more enlightened life.

- A. These activities bring learning to life.
- B. It extends learning far beyond textbooks.
- C. Instead, activate your senses for a stronger tie with it.
- D. Mind the impact of your actions on the environment.
- E. Take your experiences further by reflecting on them.
- F. Textbooks offer a systematic introduction to essential concepts and principles.
- G. Now consider expanding your learning from just reading to actively participating.

第三部分 语言运用 (共两节, 满分 30 分)

第一节 (共 15 小题; 每小题 1 分, 满分 15 分)

阅读下面短文, 从每题所给的 A、B、C、D 四个选项中选出最佳选项。

I have been a student here for the last three years now. I really 41 it here, the teachers, the students, and everything. However, leaving my old school and changing to a new one wasn’t so 42 for me.

I had never changed schools before; I was quite happy where I was and 43 with everyone, but my mum thought it was time for a 44. My mum wanted me to better my skills which were something I wasn’t 45. I’ve always loved social science, but until sixth grade, 46 I hadn’t written one great essay (文章). My mum was right. I had to start learning more about writing, 47 it was a love of mine. It is also a very 48 skill to have because it is needed in every way that one might follow.

Afterwards, I didn’t want to 49 my old friends. I had been with those friends since first grade, and I thought that if I left school, our 50 wouldn’t be easy. The summer of 2018 was 51 for me. I was feeling sick and nervous 52 that I wouldn’t make any friends at my new school. But then my mum tried to tell me 53, “Everything will be okay. Believe me.”

After one week at the new school, I started thinking it was 54. I was enjoying the learning and having fun with many new friends. With persuasion (说服) from my mum at first, I had made the right choice. I’m 55 to everyone around me, especially my mum.

- ()

41.

A. expect

B. fear
- C. love

D. miss
- ()

42.

A. easy

B. painful
- C. special

D. fresh
- ()

43.

A. competitive

B. comfortable
- C. careful

D. cool
- ()

44.

A. game

B. break
- C. change

D. celebration
- ()

45.

A. giving up

B. working on
- C. worrying about

D. showing off
- ()

46.

A. gladly

B. luckily
- C. hopefully

D. surprisingly
- ()

47.

A. but

B. unless
- C. though

D. since
- ()

48.

A. strange

B. important
- C. similar

D. interesting
- ()

49.

A. meet

B. hate
- C. leave

D. tell
- ()

50.

A. subject

B. study
- C. background

D. contact
- ()

51.

A. lazy

B. busy
- C. hard

D. exciting
- ()

52.

A. thinking

B. forgetting
- C. promising

D. regretting
- ()

53.

A. secretly

B. patiently
- C. madly

D. shyly
- ()

54.

A. amazing

B. sad
- C. sorry

D. different
- ()

55.

A. polite

B. friendly
- C. fair

D. thankful

第二节(共 10 小题;每小题 1.5 分,满分 15 分)

[2025·河北省石家庄市高一期中]

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

Last summer, I took an 56. _____ (excite) journey to China to attend a summer camp.

Upon arrival, I was warmly welcomed by the organizers. The camp was a melting pot (熔炉) of cultures, with campers from all over 57. _____ world. The days were filled with laughter and

happiness. From exploring historic landmarks to 58. _____ (learn) traditional Chinese arts, each experience left a lasting impression 59. _____ me.

One unforgettable moment was during a cooking class. I teamed up with campers from Brazil to prepare traditional Chinese dumplings. Though we spoke different languages, we 60. _____ (communicate) through laughter, sharing a deep connection that transcended (超越) words. Another wonderful moment was the cultural exchange night, where we showed our talents (才艺) and shared 61. _____ (story) from our homeland.

As the camp drew to a close, I found 62. _____ hard to say goodbye. The friendships 63. _____ (make) during the camp will hold a special place in 64. _____ (I) heart. This summer camp experience in China was more than just a trip; it changed me, opening my eyes to new things and making me want 65. _____ (explore) more of this great place.

第四部分 写作(共两节,满分 40 分)

第一节(满分 15 分) [2025·江苏省南京市六校高一期中联考]

假定你是李华,收到了朋友 John 的电子邮件。他说随着高中课程难度加大,他因很难适应而情绪低落。请给 John 回一封邮件,内容包括:

1. 表示理解;
2. 提出建议(至少两点);
3. 表达祝愿。

注意:1. 写作词数应为 80 个左右;
2. 可以适当增加细节,以使行文连贯。

参考词汇:adapt to 适应

Dear John,

Yours,
Li Hua

第二节(满分 25 分) [2025·湖南省郴州市高一期中]

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

I still remember the first day when I entered high school.

Everywhere on campus I could smell excitement in the fresh air, yet a thread of nervousness wound through my stomach. As I walked through the campus road, I gazed up at the towering buildings and the busy students, knowing that a new chapter of my school life was about to unfold.

In my first maths class, I quickly realized it was going to be far harder than what I was used to. The teacher talked so fast, and the mountain of homework was too much, making it hard for me to breathe. I tried to pay attention, but my mind was racing. I started to doubt myself, wondering if I could really handle high school life. I felt I could hardly follow anything. I felt lost.

After the class, I sat at my desk, feeling like I was in over my head. That’s when Mr Smith, my maths teacher, came over. He saw I was upset and asked if I was okay. I told him I was finding everything really hard and wasn’t sure I could handle it.

Mr Smith’s eyes softened as he smiled, and he said in a comforting tone, “I understand how you feel. High school is a significant leap from junior high, but it’s also an opportunity for you to grow. Everyone struggles at first. The important thing is not to give up.” He spent some time going over the maths stuff I didn’t understand.

His words made me feel a little better, and I listened closely as he explained everything again. By the end of our talk, I felt a bit more hopeful about the rest of the day and the year ahead.

注意:续写词数应为 150 个左右。

Paragraph 1:

After that day, I made up my mind to face the challenges.

Paragraph 2:

As the weeks passed, I noticed that I was making progress.
